

Revised: 08/12/08	ARIZONA DEPARTMENT OF EDUCATION GUIDELINE & PROCEDURE	NO. EX-28
SUPERSEDES		SHEET     1     of     2
SUBJECT: DIABETES STUDENT SELF-MANAGEMENT AND GLUCAGON ADMINISTRATION GUIDELINE		FILING INSTRUCTIONS (Guidelines & Procedures Manual) Section:     General As item:     EX-28

### I. PURPOSE

The purpose of this guideline is to inform school district governing boards or a charter school that they **may** allow pupils diagnosed with diabetes to manage their diabetes in the classroom, on school grounds, and at school sponsored activities and to outline the policies and procedures that accompany this self-management. In addition, this guideline informs school district governing boards or a charter school that they **may** designate volunteer diabetes care assistants that can administer glucagon to a diabetic pupil and to outline the policies and procedures that accompany glucagon administration. .

### II. GUIDELINE

- a. Pursuant to A.R.S. §15-344.01 (A), a school district governing board and a charter school governing body **may** adopt policies and procedures for pupils who have been diagnosed with diabetes to manage their diabetes in the classroom, on school grounds and at school sponsored activities.
- b. Pursuant to A.R.S. §15-344.01(B), if a school district governing board or charter school governing body adopts polices and procedures, the policies and procedures shall include the following components:
  - The parent or guardian shall annually submit diabetes medical management plan to the pupil's school that authorizes the pupil to carry appropriate medications and monitoring equipment.
  - The management plan acknowledges that the pupil is capable of self-administration of those medications and equipment.
  - The management plan shall be signed by a health professional who is licensed pursuant to A.R.S. §32-13, 14, 17, 25 or a nurse practitioner who is licensed pursuant to A.R.S. §32-15.
  - The management plan shall state that the pupil is capable of self monitoring blood glucose and shall list the medications, monitoring equipment and nutritional needs that are medically appropriate for the pupil to self administer and have been prescribed or authorized for that pupil.
  - The management plan shall specify a method to dispose of equipment and medications in a manner agreed on by the parent or guardian and the school.
  - A requirement that the pupil be able to practice proper safety precautions for the handling and disposal of the equipment and medications that the pupil is authorized to use.

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- Procedures that enable a school district or charter school to withdraw a pupil's authorization to monitor blood glucose and self-administer diabetes medication if the pupil does not practice proper safety precautions as provided above.
- c. Pursuant to A.R.S. §15-344.01 (C), the school district governing board and the charter school governing body **may** adopt policies and procedures to designate two or more school employees to serve as voluntary diabetes care assistants. The parent or guardian shall have final approval of the voluntary diabetes care assistants who are allowed to administer glucagon in an emergency situation to a pupil if all of the following exist:
- A school nurse or another health professional who is licensed pursuant to A.E.S. §32-13, 14, 17, 25, or a nurse practitioner who is licensed pursuant to A.R.S. §32-15 is not available to attend to the pupil at the time of the emergency.
  - The parent or guardian of the pupil has provided to the school an unexpired glucagon kit for the school year that is prescribed for that pupil by a health professional who is licensed pursuant to A.E.S. §32-13,14,17,25, or a nurse practitioner who is licensed pursuant to A.R.S. §32-15.
  - The volunteer diabetes care assistant has provided to the school a written statement signed by a health professional who is licensed pursuant to A.E.S. §32-13,14,17,25, that the voluntary diabetes care assistant has received proper training in the administration of glucagon.
  - The training provided by a health professional who is licensed pursuant to A.E.S. §32-13,14,17,25, must include all of the following:
    - a. An overview of all types of diabetes.
    - b. The symptoms and treatment of hypoglycemia.
    - c. Techniques for recognizing the symptoms that require the administration of glucagon.
    - d. Techniques on administering glucagon.
- d. Pursuant to A.R.S. §15-344.01 (D), a school district or charter school employee shall not be subject to any penalty or disciplinary action for refusing to serve as a voluntary diabetes care assistant.
- e. Pursuant to A.R.S. §15-344.01 (E), a school district, a charter school, employees of a school district or a charter school, volunteer health professions and nurse practitioners who train volunteer diabetes care assistants are immune from civil liability for the consequences of the good faith adoption and implementation of policies and procedures .

\*If you have any questions or comments concerning the interpretation or clarification of these guidance statements, please contact the Office of Legislative Guidelines (602)542-0384.